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# Anne4Care and Older Migrants Our experiences in co-creation e-health





### State of the art





#### Citizen Science

- Democratic approach on science and knowledge
- Citizens in different research roles (initiating research, data collectors)
- ECSA: (1) citizens are actively involved in research, in partnership or collaboration with scientists or professionals; and (2) there is a genuine outcome, such as new scientific knowledge, conservation action or policy change.
- Health relatively 'new' domain







- Existing e-health tool used by ± 400 citizens in 4 different countries
- Functionalities: agenda, medication, communication
- Tablet

#### **Older migrants and e-Health**

# Implementation of eHealth with and for older migrants

- User expriences in context of implementation
- Improvement of quality of daily live



#### Citizens with dementia as co-researchers

#### Step 1

Creating or adapting a Topic List together

#### Step 2

Testing e-health and giving feedback (in person and in a group)

#### Step 3

Coding an interview together

#### Step 4

Reviewing the final report and making recommendations

- 7 older adults with 'mild' dementia (6 born in Turkey, 1 born in UK); 6 men, 1 women; min 52 yr max 83 yr;
- 6 senior researchers (3 with PhD, 3 MSc/MA; all novice in doing citizen science)
- One small business
- 10 months (6 months in practice)



### **Inclusion & Participation**

- \* Diversity in degree and nature of responsibilities, capacities, and interests it is hard work to include all participants and to facilitate equal participation
- \* Ongoing development of e-health application conflicts with clarification of impact as hypothesized
- \* Citizens' active participation in implementation provoces further steps in development of inclusive supportive e-health
- \* Co-creation works! We made video calling easier and a contact button
- \* Researchers' role goes beyond their traditional role get familiar with Anne



#### **Lessons learned**

Citizen science: Development of knowledge as a practice between citizens, researchers, professionals and small enterprises requires an ongoing dialogue (methods, means, structure) about differences and similarities in interests, responsibilities and contributions

Inclusion & participation: continuous exploration of stakeholders needs, aspirations, limitations (i.e Jukema, Van Alphen, Jorritsma & Snoeren, 2021)

Researchers: active participation / contribution to in citizen science requires training and reflection (methods, power, responsibility)





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**About us** 

**Engage** 

HOME WORKING GROUPS

## Citizen science for health



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